



**Welcome to the
SMOKY CAPE
LIGHTHOUSE COTTAGE
Bed & Breakfast**

**Please text your name & choice
of breakfast to John before 7pm
& advise if you have any special
dietary requirements**

0432 067 441

**Breakfast is served from
8am**

**..Cereal is available for the early
morning adventurer...**

BREAKFAST MENU

**Breakfast is quite a treat when you stay at Smoky
We understand that we all have individual tastes & dietary requirements &
therefore encourage you to let us know about yours!
Please choose one of the following from the menu below**

***JOHNNY'S BIG BREAKFAST**

Consisting of 2 rashers of bacon, 2 sausages, 2 fresh local eggs -poached or fried-
on sour dough toast with a side of fried mushrooms & tomato

***THE LIGHTHOUSE LADY**

Consisting of 2 poached eggs on sour dough toast topped with fresh cut cherry
tomatoes, basil & parsley and served with a rosette of avocado
Add a side of bacon or smoked salmon to complete

***THE FRUITARIAN**

Seasonal fruits cut fresh & served with muesli, milk & greek yogurt

***VEGAN FRIENDLY**

Tofu, mushrooms, cherry tomatoes & capsicum* fried in Nuttelex tossed together
with steamed broccolini. Served with a side of pepitas, sesame & sunflower seeds.
Optional extra's - Fried halloumi & a poached egg (Please advise in advance)

***THE SWEETIE**

For a sweet start to the day why not treat yourself to Buttermilk Pancakes!
This 5 stack is served with banana, berries, ice cream , blueberry & maple syrup

***THREE EGG OMELETTE**

Consisting of 3 eggs, spinach & mixed with cream, this omelette is sure to please!
Served with a side of fried mushrooms & tomato

Orange juice is served with breakfast

Tea & Coffee available for self service at all times throughout your stay